

Travel Packing Checklist

A list of the necessities, as well as reminders for those easily forgettable travel items, is provided. We recommend that you print this list so that nothing will be forgotten.

Helpful hints: 1) Check with your airline regarding what you can carry on the plane as new rules and regulations may have been implemented since your last trip. 2) Check the weather forecast for your destination. 3) Check local customs for clothing guidelines. 4) Remember, travel experts advise to pack light. 5) Make sure your name, address and/or phone number is written on a large sheet of paper or somewhere inside your luggage.

For carrying Money/Important documents

Fanny Pack
Money Belt
Purse
Security Pouch
Wallet

Money/ Important documents

Cash
Credit Cards
Drivers License
ID Card
Passport (extra
copy in carryon)
Travel Insurance
Documents
Travelers Checks
Vaccination
Certificate
Visa

Tickets/Vouchers

Airline
Bus / Train
Car Rental
Cruise Ship Transfers

Hotel/Resort
Theatre / Tour

Clothing

Belt
Dress/Skirt
Hat
Pants
P.J.s
Shirts
Shoes/Sandals
Shorts
Socks/Hose
Suit & Tie
Swimming Suit
T-shirts
Underwear

Clothing for Colder Weather

Gloves
Scarf
Silk or other
longjohns
Sweater
Winter Hat
Winter Jacket

Health & Hygiene

Allergy Pills (anti-
histamines)
Antacid/Laxative

Aspirin/Pain
Relievers

Dental Floss
Deodorant
Feminine Hygiene
First Aid Kit
Hair Brush/Comb
Hair Dryer
Hairspray & styling
products
Insect Repellent
Lip Balm
Make-up
Moisturizer
Motion Sickness
tablets
Nail Clippers
Shampoo &
Conditioner
Shaving
equipment
Soap
Sun Protectant
Toothbrush &
toothpaste
Vitamins
Water Purifying
tablets

Books

Guidebook
Magazine

Novel
Phrase Book

Miscellaneous

Adapter
Backpack
Batteries
Binoculars
Bungee Cords/
rubber bands
Compass
Extra Glasses/
contact lenses
Flashlight
Handkerchief
Maps
Passport Pictures
Photo Equipment
Plastic Bags
Portable CD/
cassette player
Raincoat
Sewing Kit
Sunglasses
Swiss Army Knife
(pack in suitcase, not
in carry-on baggage)
Umbrella
Wall Socket
Watch
Water Bot

Some additional packing tips:

- Pack heavy items, such as shoes and toiletry kits, before the more delicate ones. Place them along the suitcase's spine to balance weight at the bottom.
- To reduce wrinkling, turn jackets inside out and fold them in half with tissue paper or dry-cleaning bags. Also, layering plastic bags or tissue between clothes, also helps to prevent wrinkles.
- Hang clothing in the bathroom while showering to steam out wrinkles.
- Line the bottom of your suitcase with your trousers and let the legs hang over the outside edge of the suitcase. Then pack the rest of your travel gear with the lighter materials on top. Wrap trouser legs over the pile; they'll keep their crease.
- Stuff socks and rolled-up belts into shoes to save space.
- Take along plastic bags for laundry or wet swimsuits.
- To save a lot space, purchase travelers plastic bags (similar to large zip lock bags, but designed to allow the air to be pushed out). Removing the air significantly increases the amount of room in your suitcase.
- Bring an empty, soft bag for souvenirs.

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